
FOURTH MONKEY ACTOR TRAINING

MONKEY BUSINESS

Dramatically enhancing your team's performance



Fourth Monkey

Monkey Business

We are an established actor training company based in North London, with a growing reputation for delivering some of the most dynamic actor training in the country.

We approach our corporate partnerships with the same artistic innovation, style and thought-provoking content as we do our partnerships within the arts industry, our actor training and our critically acclaimed national touring theatre productions.

WHO



Monkey Business is Fourth Monkey's bespoke corporate training programme designed to support businesses with their training needs - using the principles of actor training.

All our training sessions use creative and collaborative theatre skills and techniques to help develop awareness of how we as humans use our bodies, breath and voices to communicate.

Communication is a whole-body process, which means our teaching and learning is also a whole-body process; it's active, collaborative and fun (no PowerPoint!).

With the introduction of new skillsets and the opportunities to experiment with them, our training can begin to increase the consistency and effectiveness of all types of communication for all types of businesses.





WHY FOURTH MONKEY

At Fourth Monkey, we champion the empowerment of every voice and every story, particularly those voices and stories that often don't have space to speak out or be heard.

We believe that everyone has an authentic and empowered voice, and that we can help you find it.

Our training team has over 50 years collective experience in the industry and we've created a training programme based on our knowledge to create a dynamic impact.

**Your business can survive or
thrive on the quality of its
communication.**

When the communication of your ideas - both internally and externally - is powerful and effective, it creates more opportunities for you to succeed.

Business communication, much like acting, requires the speaker to be able to hold the attention of their audience and connect with them on an emotional and an intellectual level.

Communication that speaks only to the heart or mind will be less effective than that which speaks to both simultaneously. That connection of heart and mind can develop a rapport with your audience, which is when your ideas can create real impact.

At Fourth Monkey, we help communicators of all levels move from a place where great performance is possible, to one where great performance is effortless, consistent and enjoyable.

WHY IS THIS IMPORTANT TO YOUR BUSINESS?

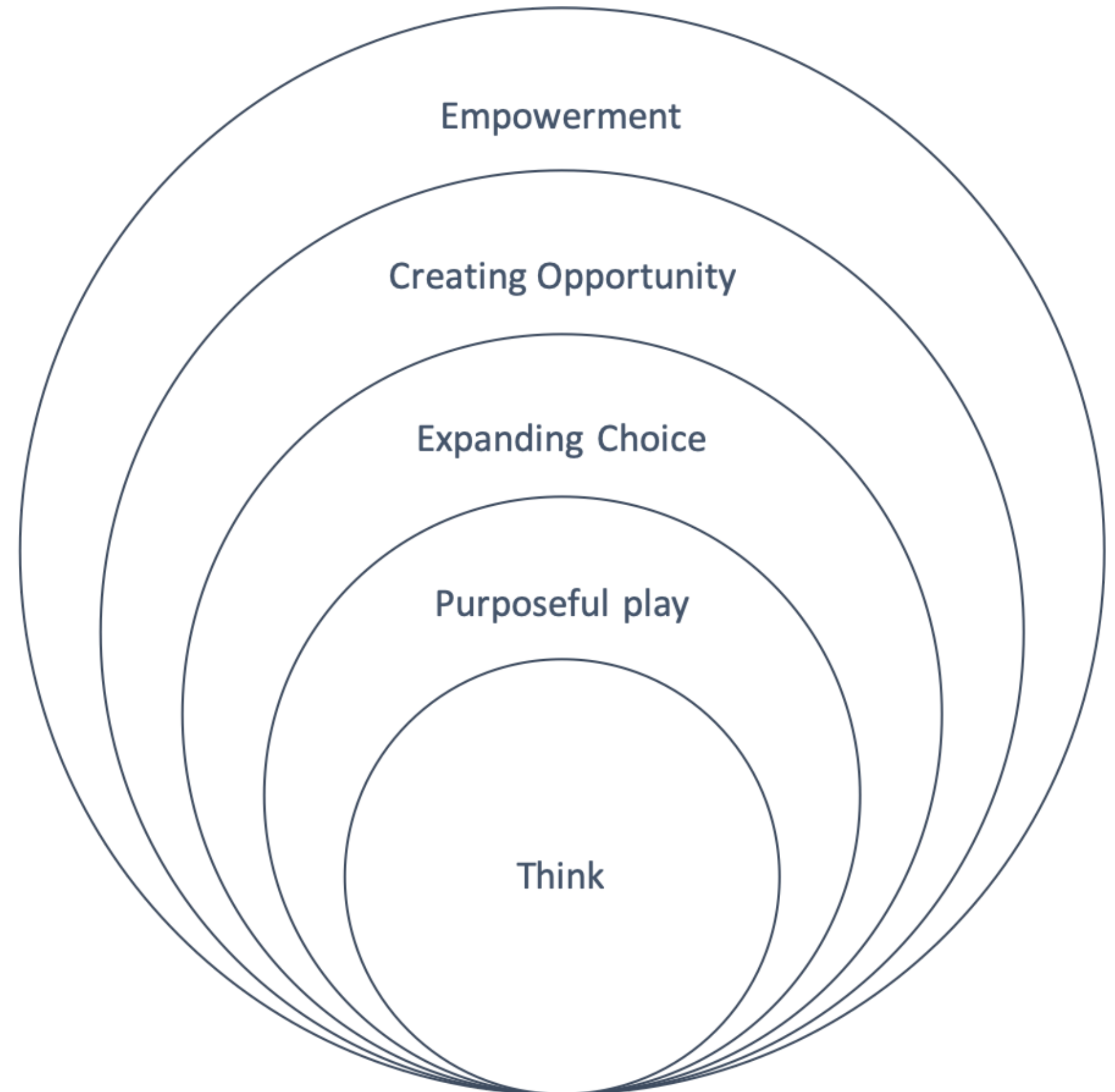
OUR APPROACH



At Fourth Monkey, we work to encourage creativity and innovation through inclusion and collaboration, through all levels of our business and so too in corporate training. Acting is reacting to one another. It is relational; human to human communication of feelings and ideas. Communication is a full body process; what is the body saying? Is it congruent with the words and the vocal tone of the person delivering the story?

EMPOWERMENT

Stage one begins with thinking about your mental map, allowing you to discover the internal roadblocks that might derail any change or progress before we start working. Stage two is purposeful play, we will show you the impact of effective whole-body communication. Stage three is about expanding your choice: with the introduction of specific skills and tools having a greater choice of communication techniques. Stage four is creating opportunity, this stage is vital in beginning to embed the skills learnt throughout the session, so that you can start to become more innate and show your potential. Our methodology enables the development of consistently empowered, effective and authentic communicators.



What we offer

STORYTELLING FOR BUSINESS



Storytelling has the power to convince in ways that data never will. Storytelling can be used in meetings, presentations and pitches, to small audiences and large. In this workshop you can learn;

- Why stories work - the neurology and physiology of storytelling
- How stories work - the story arc; how to use it and how to disrupt it
- How to be an effective storyteller - how to tell stories so that people will listen.

POWERFUL PITCH: IDEAS THAT STICK



How do you make sure your pitch is powerful, authentic and memorable? In a crowded sector, you are competing for business. Curating - creating and delivering a pitch takes time and energy - this course can help you increase your win rate. It can help you to stand out from the crowd by making genuine connections with your audience. We can help develop pitches from scratch, or work on existing work in the run up to a live pitch.

What we offer



PRESENTATION SKILLS – ENTRY LEVEL AND ADVANCED

Learn how to channel your nerves and present with energy, make connections with your audience, make sure what you are saying has value and be yourself whilst doing so. This course will develop the skills that will allow you to present with authority and use your body and voice to communicate your ideas effectively to audiences of all sizes.

In the advanced course, you will learn additional skills to help influence audiences, how to structure your presentation to help your ideas land, how to ensure you are engaging hearts and minds and how to deal effectively with difficult Q&A sessions.



PRESENCE AND IMPACT FOR LEADERS

Leaders are most effective when they are present; to themselves and those they work with. Their presence allows them to make an impact, in leading senior teams, negotiating, pitching and managing people. This course works to heighten your awareness of your ability to be present and make an impact. It will teach you the tools to ensure that you are present at work and in life more consistently. You will begin to develop power without force that can positively impact on those you work with and for.

What we offer

CONFIDENT COMMUNICATION



Does the thought of standing out from the crowd to talk about your ideas make you feel anxious? Are you avoiding interviews and promotions because you will need to communicate with more people more of the time? On this course, you will learn to manage your nerves, understand how communication works, establish why you want to communicate to certain groups and the message you want to deliver. You will look at verbal and non-verbal communication and how - when they are congruent - they create calm, confident communication.

CREATIVITY AT WORK



There are some surprising rules when it comes to creativity - and structure is one of them; creativity needs structure. Using established theatre techniques and organisational psychology approaches we can help teach some of the fundamental skills that inspire creativity in the work space and that are used all the time in theatre making. Working with a sense of possibility and curiosity, this course helps to develop acceptance, creativity and spontaneity in teams and individuals.

BESPOKE COURSES TAILORED TO YOUR SPECIFIC NEEDS

We also offer tailored training to suit your specific needs, you can discuss this with the team.

SOCIALLY CONSCIOUS INVESTMENT

Fourth Monkey Education is a registered UK charity. We've delivered 50 free drama workshops in schools in the last year alone, aimed at engaging young people with the arts. We have awarded £208,000 in scholarships since our founding in 2010, and unlike other drama schools, we offer free auditions to prospective students.

The income generated from your investment goes toward supporting our Student Scholarship Programme and our Fourth Monkey Ensemble, our professional touring production company that supports our graduate alumni.

Your investment in your own staff team is also an investment in diversity, helping us to widen access to the arts for budding young performers. It ensures that we can continue to push the creative boundaries of what we offer to new audiences and actors.

**YOUR
INVESTMENT**

COSTS

FULL DAY TRAINING

£140 per delegate

Minimum delegates: 6

Maximum delegates: 12

HALF DAY TRAINING

£95 per delegate

Minimum delegates: 6

Maximum delegates: 12

BESPOKE PACKAGES

We would be happy to discuss packages and discounts for larger groups over multiple sessions.

CONTACT INFORMATION

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